## INDIVIDUAL WRAP-UP FORM

First Name: $\qquad$ Last Name: $\qquad$

Phone Number w/ Area Code: $\qquad$

Address: $\qquad$

City: $\qquad$ State: $\qquad$ Zip Code: $\qquad$

County: $\qquad$ E-mail Address: $\qquad$

Gender:MaleFemale

Age: $\qquad$ (No ranges permitted)

Ethnic Background (select one):
$\square$ Anglo
$\square$ African AmericanAsianHispanic$\square$ Native AmericanOther, please specify $\qquad$


Currently are you physically active at least 30 minutes per day, 5 days per week? If no, skip remaining questions. $\quad \square$ Yes $\square$ No

If yes, how many minutes per day are you active? $\qquad$

Which of the following activities do you do now?
(Check all that apply.)
$\square$ Walk
$\square$ Run
$\square$ Ride Bike
$\square$ Swim
$\square$ Other, please describe $\qquad$

Where do you do these activities?
(Check all that apply.)Local Gyms or Fitness CentersHome Fitness CenterLocal MallSchool TrackNeighborhoodOther, please describe
$\qquad$

Did you or your family benefit from participating in Walk Across Texas? $\quad$ Yes $\square$ No Please explain:

What did you like most about Walk Across Texas?

